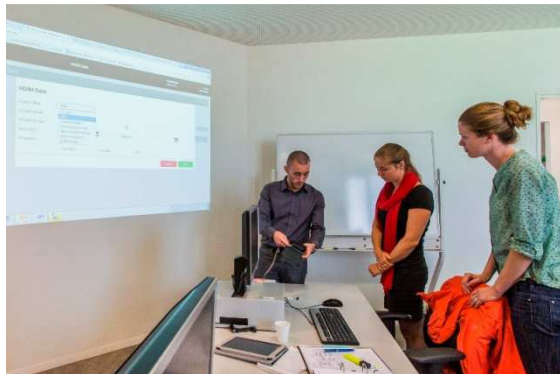


PILOT SITE UPDATES

Each of the pilot sites in Spain, the UK and the Netherlands received two days of intensive onsite training from Viveris on the PhysioDom-HDIM system.

Members of both the project delivery and technical support teams for each pilot took part in the training.



Training in Wageningen University (18/19th June)

The training covered all aspects of installing and operating the system, as well as Level 1 maintenance of the system, trouble-shooting and using the support ticketing tool to report system and user problems.



Training in Age UK South Lakeland offices (10/11th June)

All three sites have made good progress identifying potential participants:

Spain

The Spanish trial will concentrate on two Primary Healthcare Centres in Terrassa Nord and Matadepera. 14,000 clients have been identified as meeting the inclusion criteria.

The healthcare centre nurses will be responsible for promoting the system and they will also follow-up with anyone expressing an interest to meet with them either at the health centre or their home to explain about the project in detail and sign-up participants.

The United Kingdom

The UK trial will concentrate on clients of Age UK South Lakeland in the South of Cumbria (with over 10,000 registered clients).

Age UK will be responsible for promoting the pilot to their clients and a Community Support Officer will follow-up with clients who express an interest in participating, to organise a home visit by a Village Agent who will explain about the project in detail and sign-up participants.

The Netherlands

The Netherlands trial will concentrate on clients of the home care organisation Noordwest-Veluwe (ZNVV), who provide a range of care to both institutions and homes (with 1,500 clients).

The ZNVV caregivers will be responsible for promoting the system to their clients. Any clients expressing an interest in taking part in the pilot will be referred to Wageningen University and a Project Researcher will visit the client in their home to explain about the project in detail and sign-up participants.

All three pilot sites have developed their own promotional leaflets, giving details about the trial, how it will be managed locally, what the PhysioDom-HDIM system consists of and what participants do if they are interested in taking part in the project and trialling the system.

PRE-PILOT PHASE

The pre-pilots kicked off on 1st August and will run until 31st October. The main purpose of the pre-pilot phase is to test the functionality of the PhysioDom system in each site and validate the services offered under the system and the installation process. Acceptability/ usability studies will also be conducted by each pilot throughout this phase.



The pre-pilot launch in the Netherlands (1st August)

The initial feedback from participants in all three sites has been very positive, although some users may require further training. Participants are looking forward to getting more familiar with the system and receiving support in the fields of nutrition and exercise.

The TV set top box remote control has been an issue for some, as the buttons are small, but accessible remote controls with larger buttons for clients would solve this issue.

In Spain, participants were surprised at how easily data can be loaded directly from the devices to the TV screen and how they can monitor their previous days' activity, which has

motivated them to use the system to get nutritional and exercise plan feedback.

The acceptability/usability surveys will be carried out with clients and professionals in the pilot locations during September once participants have had the opportunity to familiarise themselves with the system.

OTHER ACTIVITIES

6th March 2015:

The Project Management Board meeting took place at the Institut d'Estudis Catalans, Spain.



PhysioDom Management Board (6th March)

8th May 2015:

Consorti Sanitari de Terrassa (CST) took part in the [TiCSalut. Technology, Innovation and Health Conference](#) in Catalonia. Spain.

18-19th June 2015:

Université de Paris (UREN) presented at the [IANA 2015 Symposium \(International Academy Nutrition and Aging\)](#) in Barcelona, Spain.

For further information contact:

Project Coordinator: Ramon Roca
Email: rroca@cst.cat
Tel: 93 731 00 07 | ext 1882
Website: <http://physiodom.viveris.fr>